

LIVEBUG NEWS

Winter 2014



Coordinator: Maree Stacy 9602 5293 | Treasurer: Russell Field 0434 141 810 | www.bikeliverpool.org.au

Social rides

Our friendly social rides cater for riders of all levels. We ride at a leisurely pace. No one is left behind. If you are concerned about the distance talk to the ride leader and ask about shorter options within the ride. Essentials: helmet and water. If you're joining our evening rides you must have front and rear lights.

Sunday Jun 29 | Liverpool to Rooty Hill & Return Via T/Way & M7 SUPS

Grade: Medium

Start: 09:00 am Liverpool Railway Station. Unlimited car parking in Railway Street on Sundays. This **52 km** ride is a moderate pace ride. Ride through Liverpool on low traffic streets to Hoxton Pk Rd and T/Way SUP and ay join M7 SUP at Prestons, ride along M7 SUP to Rooty Hill for refreshments. Return on M7 SUP to Elizabeth Drive and then ride along Elizabeth Drive SUP to Liverpool. Riders can either leave or join the ride at Rooty Hill Railway Station for a shorter ride of 26km, the easier leg of ride is from Rooty Hill to Liverpool.

Contact: Phillip Jackson 97208297 or (0434633490 on ride day to join at Rooty Hill Railway Stn approx 11:00).

Sunday Jul 13 Liverpool-M7-Western Sydney Parklands Loop

Grade: Easy-Medium

Start: 9:00 am from Liverpool Station. Unlimited car parking in Railway street on Sundays. A **32 km** ride from Liverpool Station following SUPs along Hoxton Park Rd, M7 to Elizabeth Hills & then through southern Western Sydney Parklands. On road along 27th Ave, then following SUPs & on road routes to Carnes Hill for coffee. Then taking back roads to Cabramatta Creek path, Kurrajong Rd, Foveaux Ave to Brickmakers Creek paths, Hoxton Park Rd & return to Liverpool. Some short hills.

Contact: Maree 96025293 or 0419203379 to confirm.

Sunday Jul 27 National Tree Day Ride-South Park, Chipping Norton.

Grade: Easy **Start:** 09:00 am Liverpool Railway Station.

Unlimited parking in Railway Street on Sundays.

Approximately **20km** on Shared User Paths (SUP's) and a few minor roads. We will be riding across the pedestrian path on Liverpool bridge to Chipping Norton Lakes SUP's to the tree planting venue at South Park (Charlton Avenue). Liverpool Council with the help of volunteers aims to plant local native trees, shrubs and ground covers next to the Georges River to encourage native wildlife and to provide food and shelter for the wildlife and to enhance the local area. This new planting is quite near to one of our previous plantings so you can see the good work done by all a few years ago. Wear enclosed shoes, hat, sunscreen and bring gardening gloves and a bike lock for peace of mind. Council will provide all tools and refreshments, a free BBQ lunch is provided at approx.11:30. There are native animal shows and other volunteer displays. We have enjoyed the planting etc. in previous years.

The return trip will be along Brickmakers Drive and through Ernie Smith and Kelso Parks in Moorebank and then Liverpool.

Contact: Phillip Jackson 97208297 or 0434 633 490 to confirm.

Sunday Aug 10 Sydney Olympic & Bicentennial Parks

Grade: Easy-Medium

Start: 9.00 am from Guildford Station (Railway Tce entrance). **34km.** An easy ride including a 10km loop through Sydney Olympic Park. Take in the sites of the Parramatta River and Bicentennial Park. Stop for lunch at Bicentennial Park. Return to Guildford via Rail Trail. For shorter option return via train.

Contact: Maree 96025293 or 0419203379 to confirm.

Sunday Aug 17 Chipping Norton-Wattle Grove Breakfast Ride

Grade: Easy

Start: 08:00am Liverpool Railway Station, Main entrance Bigge St. Unlimited car parking in Railway street on Sundays. An easy approx **30km** ride around Chipping Norton lake, then along Brickmakers Dr, Nuwarra Rd & Heathcote roads to breakfast stop at Moorebank Sports Club. Returning to Liverpool through Wattle Grove.

Contact: Maree 96025293 / 0419203379 to confirm.

LIVEBUG Meeting

Tuesday, August 19

Start 6:00pm, Liverpool Hospital.

All welcome.

Contact: Maree 96025293



Rides cont....

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Sunday Aug 24 Sydney Explorer

Grade: Easy

Start: 9:00am. Wolli Creek Railway Station (Mt Olympus Blvd).

25km. Some cycleways, some on road, mostly flat with a couple of short rises. Basic confidence with on-road riding advisable. Explore the city and inner suburbs by bike. Uses the canal path and Burke St cycleway to the CBD, cross the harbour bridge for coffee in North Sydney and return via The Rocks, Darling Harbour and Redfern routes. Contact: Alison on 0438 171 484 to confirm.

Sunday Sep 14 Liverpool to Panania Loop

Grade: Easy

Start: 9:00am from Liverpool Station. Unlimited car parking in Railway street on Sundays. An easy 35 km ride from Liverpool Station following bike paths through Lansvale, along Lake Gillawanna, Milperra & Kelso Park to Panania. Coffee stop before returning through Chipping Norton to Liverpool. Uses some roads.

Contact: Maree 9602 5293 or 0419 203 379 to confirm.

Sunday Sep 21 Liverpool to Carnes Hill- Via One Rail Trail and Five SUP'S in a Big Loop

Grade: Medium

Start: 9:00 am from Liverpool Rail Station. Unlimited car parking in Railway St. on Sundays. A medium 37.5 km ride from Liverpool Stn. following Rail Trail to Canley Vale and then Orphan School Ck. To Cowpasture Rd. to Carnes Hill for a stop. Camden Valley Way to Cross Roads and then down Leacocks Lane to return along the SUP beside Georges River and perhaps a coffee stop at Powerhouse Museum and back to Liverpool. Some short hills on route, you won't be left behind!

Contact: Phillip Jackson 9720 8297 or 0434 633 490 to confirm.

Sunday Sep 28 Bike Week: Liverpool Loop

Grade: Easy

Start: 09:00 am Liverpool Railway Station, Main entrance Bigge St. Unlimited car parking in Railway street on Sundays. An easy 25km ride along the T-way cycleway, Orphan School Creek cycleway and the Rail Trail. Stop at Canley Vale for morning tea and then back to Liverpool.

Contact: Maree 9602 5293 or 0419 203 379 to confirm.

Sunday Oct 12 Highlights of Camden

Grade: Medium

Start: 09:00am Rotary Cowpasture Reserve Carpark, Camden Valley Way, Camden A 38km medium ride with a few hills, undulating, mostly quiet country roads with great views of the district. Stop at Cobbitty for coffee and cakes. Highlight is the Brownhill Loop road (hard packed unsealed section). Ride starts and finishes at Rotary Cowpasture Reserve in Camden. Moderate pace, some traffic, cycle paths, unsealed roads.

Contact: Phillip Jackson 9720 8297 or 0434 633 490 to confirm.

Other up-coming bike events

NAB Coffs Coast Cycle Challenge
3 August 2014
www.coffscostcyclechallenge.com

Far North Wilderness Bike Tour,
27 September - 4 October 2014
www.wildernessbiketour.com

BNSW Spring Cycle, 19 Oct 2014
<http://springcycle.com.au/spring-cycle-2014>

Responding to Building Our New City



Building our new city
Encouraging health, liveability and community in Liverpool's CBD



We've made a detailed submission to Liverpool City Council in response to their vision for Liverpool as a vibrant regional city of opportunity, prosperity and diversity.

We think that transport is one of the key elements of realising this vision. But doubling the numbers of cars on the road will make the city noisier, increase air pollution, make the streets less inviting places to eat and shop, and make moving through the streets slower and more stressful.

Even a relatively small increase in the mode share of active travel can lead to positive outcomes for Liverpool's transport system, environment, health and liveability.

Our submission looks at what is needed in Liverpool to encourage more people to cycle for transport.

[Read our submission.](#)

New Shared User Paths in the Liverpool area

Words and pictures –Phillip Jackson

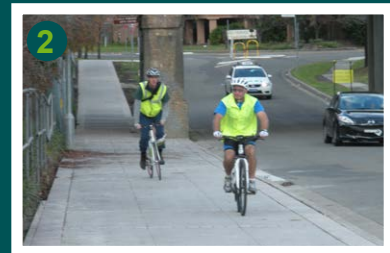
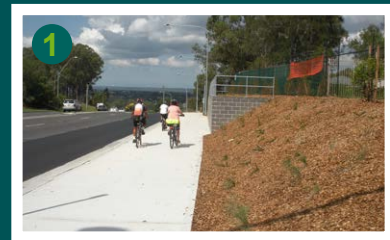
There have been some major works undertaken since our last newsletter.

The Shared User Path (SUP) at the corner of Elizabeth Drive and Reservoir Road has been revamped. The not too old SUP was removed to make way for a left turning lane for the traffic turning left into Reservoir Road from Elizabeth Drive. This gives two lanes for through traffic up the hill and one for left turn and the new section of the SUP. (Pic 1.)

There is also a very new SUP in Shepherd Street which starts at the roundabout on the corner of Speed St. and Shepherd St. and proceeds under the Railway Viaduct towards Riverpark Drive. This new path gives Pedestrians and Cyclists a thoroughfare which is far better and safer for residents and visitors travelling through to their estate from the Liverpool CBD and from the Railway Station. It also provides a safer and more direct route for Pedestrians and Cyclists making their way to the Powerhouse Museum and further along the SUP to Throsby Park. (Pic 2)

A new SUP has been completed that runs beside Bernera Road from Kurrajong to Camden Valley Way. (Pic 3)

The existing shared use path on Anzac Road Moorebank has been resurfaced and extended to connect to a new path extending along Anzac Creek which is yet to be opened. (Pic 4) The new Anzac Creek path runs the full length of Wattle Grove and includes two new bridges.



The Parklands Recreational Bridge Connection



Western Districts Joggers and Harriers have proposed a bike and pedestrian bridge linking Mirambeena Regional Park and the Chipping Norton Lakes be built across Prospect Creek.

We think it's a great idea.

Check out their [Proposed Recreational Connection](#) submission.

Keep in touch

If you haven't dropped by our website do pop by. We've updated the site to be more user friendly and you'll find all our latest rides and news easy to lay your hands on.

Drop us a comment and say hello!

bikeliverpool.org.au

We're also on Facebook. Give us a wave, be our friend and see our news streamed in your news feed.

www.facebook.com/bikeliverpool