

LIVEBUG NEWS

Spring 2014



Coordinator: Maree Stacy 9602 5293 | Treasurer: Russell Field 0434 141 810 | www.bikeliverpool.org.au

Social rides

Our friendly social rides cater for riders of all levels. We ride at a leisurely pace. No one is left behind. If you are concerned about the distance talk to the ride leader and ask about shorter options within the ride. Essentials: helmet and water. If you're joining our evening rides you must have front and rear lights.

Sunday Sep 14 Liverpool to Panania Loop

Grade: Easy

Start: 9:00am from Liverpool Station.

Unlimited car parking in Railway street on Sundays. An easy **35 km** ride from Liverpool Station following bike paths through Lansvale, along Lake Gillawanna, Milperra & Kelso Park to Panania. Coffee stop before returning through Chipping Norton to Liverpool. Uses some roads.

Contact: Maree 9602 5293 or 0419 203 379 to confirm.

Sunday Sep 21 Liverpool to Carnes Hill- Via One Rail Trail and Five SUP'S in a Big Loop

Grade: Medium

Start: 9:00 am from Liverpool Rail Station.

Unlimited car parking in Railway St. on Sundays. A medium **37.5 km** ride from Liverpool Stn. following Rail Trail to Canley Vale and then Orphan School Ck. To Cowpasture Rd. to Carnes Hill for a stop. Camden Valley Way to Cross Roads and then down Leacocks Lane to return along the SUP beside Georges River and perhaps a coffee stop at Powerhouse Museum and back to Liverpool. Some short hills on route, you won't be left behind!

Contact: Phillip Jackson 9720 8297 or 0434 633 490 to confirm.

Sunday Sep 28 Bike Week: Liverpool Loop

Grade: Easy

Start: 09:00 am Liverpool Railway Station,

Main entrance Bigge St. Unlimited car parking in Railway street on Sundays. An easy **25km** ride along the T-way cycleway, Orphan School Creek cycleway and the Rail Trail. Stop at Canley Vale for morning tea and then back to Liverpool.

Contact: Maree 9602 5293 or 0419 203 379 to confirm.

Sunday Oct 12 Highlights of Camden

Grade: Medium

Start: 09:00am Rotary Cowpasture Reserve Carpark, Camden Valley Way, Camden

A **38km** medium ride with a few hills, undulating, mostly quiet country roads with great views of the district. Stop at Cobbitty for coffee and cakes. Highlight is the Brownhill Loop road (hard packed unsealed section). Ride starts and finishes at Rotary Cowpasture Reserve in Camden. Moderate pace, some traffic, cycle paths, unsealed roads.

Contact: Phillip Jackson 9720 8297 or 0434 633 490 to confirm.

Friday Oct 17 Dinner Ride : A Taste of Texmex

Grade: Easy

Start: 06:00 pm from Liverpool Railway Station. (Bigge Street entry). Approx 20km ride on SUPs along Hoxton Park Rd, M7 & Camden Valley Way to Crossroads for dinner. Returning on-road along Beech Rd & backstreets to Hoxton Park Rd & return to Liverpool Station. Bicycle lights required. Call to confirm essential for bookings.

Contact: Maree 96025293 / 0419203379.

Sunday Oct 26 Chipping Norton-Wattle Grove Breakfast Ride

Grade: Easy

Start: 08:00am Liverpool Railway Station, Main entrance Bigge St. Unlimited car parking in Railway street on Sundays. An easy approx **30km** ride around Chipping Norton lake, then along Brickmakers Dr, Nuwarra Rd & Heathcote roads to breakfast stop at Moorebank Sports Club. Returning to Liverpool through Wattle Grove.

Contact: Maree 96025293 / 0419203379 to confirm.



LIVEBUG Meeting and AGM

Tuesday, 18 November

Start 6:00pm, Liverpool Hospital.

All welcome.

Contact: Maree 96025293



Rides cont....

Our friendly social rides cater for riders of all levels. We ride at a leisurely pace. No one is left behind. If you are concerned about the distance talk to the ride leader and ask about shorter options within the ride. Essentials: helmet and water. If you're joining our evening rides you must have front and rear lights.

Sunday Nov 9 Liverpool to Parramatta River

Grade: Easy

Start: Liverpool Station, 9am. Unlimited car parking in Railway street on Sundays.

29km. After refuelling with good espresso we head north via back streets and the rail trail to the Orphan School Creek, a bit of Prospect Creek before the mean streets of Villawood (!) It's then up the Duck River and through Auburn Botanic Gardens. Bike-friendly roads to the cycling nirvana that is Newington. Through the Millennium Parklands and onto the Parramatta River where we reach our destination: the popular Armory Wharf Café. Return to Liverpool by train.

Contact: Matt 0424 093 940 to confirm.

Friday Nov 21 Dinner Ride – Carnes Hill Night Feeder Ride

Grade: Easy

Start: 6pm from Liverpool Station

25km. Meet at Liverpool Railway Station 6:00 pm and ride to Carnes Hill Marketplace for Italian at- il Vivo. The restaurant has both outdoor and indoor dining depending upon the night. We will be riding along local roads and Shared User Paths both to and from the Restaurant.

Bike lights essential, this will be an opportunity to enjoy the SUP's in Hoxton Pk, Horningsea Pk and other locations west of Liverpool.

Contact: Phillip Jackson 97208297 or 0434 633 490.

Sunday Nov 23 Thirroul – Wollongong - Oak Flats

Grade: Easy

Start: 9:15am Thirroul Station (near the bottom of the stairs on Station Street)

One way ride from Thirroul to Oak Flats.

If driving and doing the full ride suggest parking at Oak Flats, then catching the 8.10am train from Oak Flats to Thirroul (arrives 8.55am). Full ride **47km** – mostly flat.

The ride is broken into three sections: Thirroul to Wollongong - 16km. Scenic coastal ride on shared paths. – If you would like a shorter ride you can leave us at the golf course and ride 1.5km to Wollongong station to return by train.

Wollongong to Port Kembla - 11km – Around the industrial heart of Wollongong on shared paths and quite back streets.

Some great views of the Port Kembla steel works. Option to return by train for shorter ride.

Port Kembla to Oak Flats – 20km – We re-join the coastal route to Windang and then along the shore of Lake Illawarra to Oak Flats on shared paths and quite back streets. Contact: Russell 0434 141 810 to confirm. Please notify Russell if you will be riding one of the shorter options.

Sunday Nov 30 Rail Trail and T/Way Loop

Grade: Easy-Medium

Start: 8:30 am Liverpool Railway Station.

35km Uses low traffic roads, cycle paths and Rail Trail through Cabramatta, Fairfield, Wetherill Park, Prairiewood and following the T-way path back to Liverpool. Coffee stop at Prairiewood.

Contact: Phillip Jackson 9720 8297. Call to confirm.

Friday Dec 12 Dinner Ride: Christmas Lights and Good Cheer

Grade: Easy

Start: 6pm from Liverpool Station or 6:30pm at Moorebank Sporties.

An approx **20km** ride - mostly flat and on shared paths or quiet suburban roads. After dinner at Moorebank Sporties we're going to check out the Christmas lights around Wattle Grove and Chipping Norton (exact route will depend on where the best/brightest/craziest lights are). We'll return to Liverpool and Holsworthy (via Moorebank if needed). Decorate your bike and your elves with the festive season in mind. As with all night rides, you must have working lights for the front and rear of your bike - but on this occasion you really can't have too many lights. Call to confirm. Contact: Elaena 0402 253 915 or Phillip 9720 8297 or 0434 633 490.

Dec 14 Liverpool to Panania Loop

Grade: Easy

Start: 9:00am from Liverpool Station.

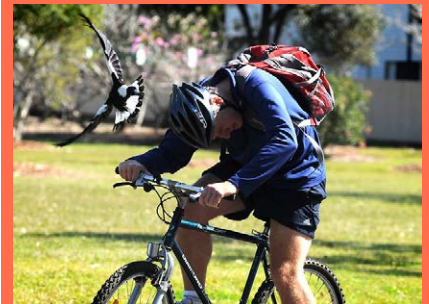
Unlimited car parking in Railway street on Sundays. An easy **35 km** ride from Liverpool Station following bike paths through Lansvale, along Lake Gillawanna, Milperra & Kelso Park to Panania. Coffee stop before returning through Chipping Norton to Liverpool. Uses some roads.

Contact: Maree 96025293 or 0419203379 to confirm.

Thanks Russell!

Russell Field has volunteered as our Treasurer for six years. This year will be his last as he has moved to Wollongong. We'll still catch up with Russell on our rides down the south coast but we wanted to publicly say a big thank you for his work. He's cheerfully (and accurately) maintained our books, paid the bills and generated our annual statements for 72 months. May the sea breeze always be behind you Russell. We wish you all the best.

Watch Out: Maggies About!



It seems Magpie season has well and truly started. John Raju has reported that there is a very aggressive Magpie near South Park Chipping Norton. John was attacked by the bird while riding along the bike path between the river and South Park and then again along Charlton Avenue (where he detoured on the way home to avoid the bird). There was blood and it wasn't the magpie's!

Be careful out there folks.

The [Google Magpie Map](#) is a good resource to revisit at this time of year. If you encounter an aggressive magpie please log it for the sake of other riders.

Lansvale Park and Mini Bike Track

by: John Raju



Fairfield council has installed a mini bike track as a training facility for children. The aim of the facility is to teach young children about road safety and etiquette.

The figure of '8' layout features realistic road markings, signage, pedestrian crossings, etc and a pretend garage and post box. One loop is named Tween Town and the other loop Toddler Town.

Education courses are run from time to time.

Art and about



We've been wondering about the yellow bikes outside the Casula Powerhouse. Here's their story.

The bikes were created by artist Khaled Sabsabi and were part of a joint exhibition *Subject to Ruin*. Originally from a series of eight, each bike is mounted with a set of yellow rocket launchers. They were Khaled's response to conflict in Aleppo, Syria during his time there in 2007. On the opening day of the exhibition Khaled crushed two of the bikes and placed them in open suitcases.

Other up-coming bike events

Dungog Pedalfest

5-7 Sep 2014

www.pedalfest.org.au

Far North Wilderness Bike Tour

27 September - 4 October 2014

www.wildernessbiketour.com

BNSW Spring Cycle

19 Oct 2014

<http://springcycle.com.au/spring-cycle-2014>

MS Sydney Gong

2 Nov 2014

www.msgongride.org.au

Millsy's Port to Port 2014

MILDURA >SWAN HILL >ECHUCA

8th & 9th November 2014

<http://www.port2portcycling.com/>

Financial Review Corporate Cycling Challenge

9 Nov 2014

www.corporatecyclingchallenge.com.au

River & Ranges Winery Ride

Ride with 2015 Orica-Greenedge Team

23 Nov 2014

www.bikeexchange.com.au/promo/greenedge_winery_ride

New Wattle Grove path opens



The new Wattle Grove path has opened. The path connects to the Anzac Road shared path and follows the edge of Wattle Grove with exits on Gracemere Court and Martindale Court. In addition to the concrete path there's a gravel running path.



At the Moorebank Avenue end of the Anzac Road path, a new shared user path and on road bike lane have been developed leading to a new industrial/military development.

These are all great local additions.

Meeting with our local member

We had a good meeting with Craig Kelly in July hearing some of the plans for development in Liverpool's CBD and surrounds. There's a possibility of two new ped/bike crossings of the Georges River - one near the CBD and the other at Casula. There are also plans for a cycleway on the eastern side of the Georges River. Criag suggested that we meet with all of our local councillors and talk through our submission with them. It seems as though some of the changes in the CBD will mean that some of our path proposals won't be relevant. All in all a very interesting chat.



Riders who joined us on the Sydney Olympic Park ride in August were treated to an interesting sight. The bike was propelled in a rowing motion & the steering was by the feet!

Keep in touch

If you haven't dropped by our website do pop by. We've updated the site to be more user friendly and you'll find all our latest rides and news easy to lay your hands on.

Drop us a comment and say hello!

bikeliverpool.org.au

We're also on Facebook. Give us wave, be our friend and see our updates streamed in your news feed.

www.facebook.com/bikeliverpool