



Autumn
2011

LIVEBUG NEWS

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Autumn calendar

Sunday Mar 27 LIVERPOOL TO LAKE PARRAMATTA

Grade: Easy-Medium

Start: 09:00am Liverpool Railway Station (**50kms**). All day parking available in Railway St. Option to start ride at Guilford (**27kms**). Mostly easy ride with a couple of short hills. Take in sights around Harris Park and Parramatta Park before heading to Lake Parramatta Reserve for a meal break. Kiosk and cafe facilities available. Return to Liverpool via RailTrail. Please call to confirm you are coming. **Contact:** Phil Rylatt 87950564 (H) to confirm

Sunday Apr 10 LIVERPOOL TO OLYMPIC PARK: ARTEXPRESS AT THE ARMOURY.

Grade: Easy

Start: 9.00 am Liverpool Railway Station. All day parking available in Railway St. An easy 26km ride to Sydney Olympic Park & Newington Armoury to view the ARTEXPRESS exhibition at Sydney Olympic Park. ARTEXPRESS is a showcase of the best major works produced for the HSC Visual Arts examination. Kiosk and cafe facilities available. Return via train or longer option to cycle back.

Contact: Maree Stacy; 9602 5293 to confirm.

Sunday Apr 17 RAIL TRAIL AND T/WAY LOOP (previously LIVERPOOL-FAIRFIELD-WETHERILL PARK-TWAY LOOP).

Grade: Easy – Medium

Start: 8:30 am Liverpool Railway Station. 35km
Uses low traffic roads, cycle paths and Rail Trail through Cabramatta, Fairfield, Wetherill Park, Prairiewood and following the T-way path back to Liverpool. Coffee stop at Prairiewood.

Contact: Phillip Jackson 9720 8297.

Sunday May 8 HIGHLIGHTS OF CAMDEN

Grade: Medium

Start: 9.00 am 38km, moderate. Some traffic, cycle paths, unsealed roads. Start at Rotary Cowpasture Reserve Carpark, Camden Valley Way, Camden
A medium ride with a few hills, undulating, mostly quiet country roads with great views of the district. Stop at Cobbitty for coffee and cakes. Highlight is the Brownhill Loop road (hard packed unsealed section). Ride starts and finishes at Rotary Cowpasture Reserve in Camden. **Contact:** Phil Rylatt 87950564 (H) to confirm

Sunday May 15 GUILDFORD - PROSPECT - ORPHAN CREEK-CANLEY VALE

Grade: Easy – Medium

Start: 10:00 am Guildford Railway Station (eastern side)
30km entirely riding along off-road cycle paths. Prospect canal cycle path and then undulating paths through Western Sydney Regional Park, the Orphans creek path to Canley Vale. Have lunch at a Vietnamese restaurant, then hop on the train home, or ride 5km back to Guildford. **Contact:** Chris 0418 417 291

Tuesday May 17th: Tuesday 6pm, LiveBUG meeting

Sunday May 29 GULDFORD TO SYDNEY OLYMPIC PARK

Grade: Easy

Start: 9.00 am Guildford Railway Station. All day parking available in Railway Tce
An easy 26km ride via rail trail and M4 cycleway to Sydney Olympic Park.

Also explore the northern side of the Parramatta River. For a longer option start and finish at Liverpool. Lunch at the Newington Armoury kiosk and café.

Contact : Russell Field 0434 141 810 to confirm.

Coming Up in Winter:

Sunday Jun 12 WHALE WATCHING AT CAPE SOLANDER

Grade: Easy – Medium

Starts: 10:00am. Wollie Creek Station. 46km. Scenic ride mostly on Bay to Bay cycle path, includes some short hills. Cafe stop at Dolls Point then on to Kurnell and Cape Solander. Bring snacks, lunch, binoculars and windproof jacket (can be windy). Ride finishes at Cronulla Station. Return to Wollie Creek by train.

Contact: Phil Rylatt; Home Ph 87950564

Sunday Jun 26

A ride with Russell - TBA

Sunday Jul 10 WESTERN SYDNEY PARKLANDS

Grade: Medium

Start: 8.00am from Plough and Harrow Park Car park. Liverpool (off Elizabeth Drive).
33km ride, with some hills, long stretches of unimpeded parklands cycle track and a few rural back roads, also uses sections of M7 cycle path. Coffee in Carnes Hill.

Contact : Phillip Jackson 9720 8297 to confirm.

Other Rides/Events/Cycling Holidays

Australia:

Mudgee Bike Muster 22-25 April, 2011

www.bikemuster.com.au

Extra Mile Cycling Tours (Orange, NSW)

not valid.

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Snowy River Cycling.

snowyrivercycling@bigpond.com

International:

Cadence Tours

info@cadencetours.com.au

Outdoor Travel Pty Ltd

outdoor@netc.net.au

South South Sulawesi

cycle_indonesia@bigpond.com

Cycling Infrastructure and Advocacy .

The previous LiveBUG newsletters had information about proposed extension of the rail trail to from Lighthorse Park (Liverpool) to Casula Powerhouse

Great news about the go-ahead for the southern extension of the Rail Trail. A public announcement in the Council Page in the local newspaper (*shown right*) – was followed up with arranging a visit to council officers. They showed us the proposed route – and discussed some of the design issues they were still working on. The Rail Trail will be from Liverpool Railway station to Glenfield Road, using rail and Georges river corridor. (Map below). It will constructed in about 5 sections and take a number of months, with some negotiation with National Parks (using the corridor of an existing unsealed road) and State Rail on detail design still to be finalised

RIVER CITIES BIKE PROGRAM - LIVERPOOL RAILWAY STATION TO GLENFIELD ROAD RAIL TRAIL

Liverpool City Council has commenced works to provide a cycleway link between Liverpool Railway Station and Glenfield Road in Casula. This first stage of the multi stage project is intended to provide a continuous link between Liverpool and Glenfield Road via Throsby Park and Casula Powerhouse.

The works, which commenced on 21 February, includes the provision of a 3.0 metre wide paved concrete cycleway with associated signing and markings. Future extensions will allow cyclists to travel between Liverpool and Campbelltown Railway Stations.

The cycleway is being provided as part of NSW State Government's Bike Plan, which outlines a ten-year plan for funding bicycle infrastructure across NSW. As part of the plan, the Government has committed \$78 million over ten years to provide cycleway networks within Parramatta, Liverpool and Penrith to increase cycling opportunities in these three River Cities.

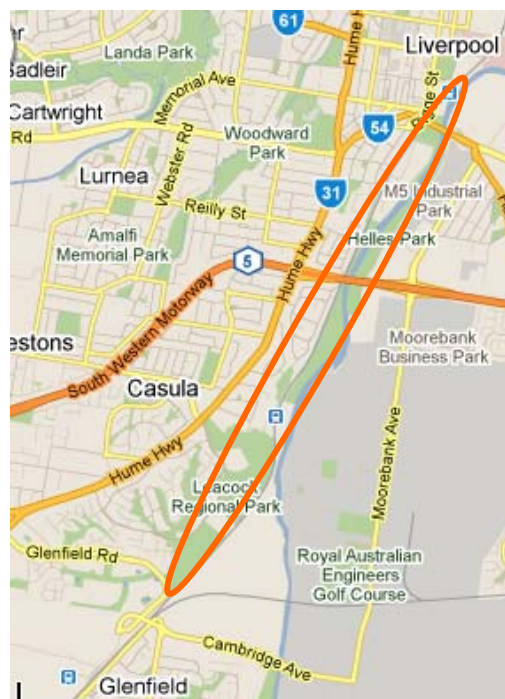
Known as the River Cities Bike Program, the Program aims to deliver cycle infrastructure, parking facilities and cycling skills training opportunities for these major regional centres.

A key element of this Plan involves the provision of a cycleway along the Southern Railway Line to provide a direct link between Warwick Farm and Campbelltown Railway stations. This link will be delivered in multiple stages with the section between Liverpool Station and Glenfield Road, Casula being the State Government's first priority.

The works are being supervised and managed by Liverpool City Council in conjunction with cycleway being provided as part of the Southern Sydney Freight Line. For further information, please contact Council's City Assets division

We then went to check where the path construction work had started – adjacent to Glenfield Road in Throsby Park replacing the current footpath with a wider regional shared user path. (3metres). It is proposed to use two existing railway culverts as the way to cross between southern /and northern sides of the rail line.

This is one of the State Bike Plan priority projects 100% funded by RTA, with construction managed through Council focuses on the river cities of Liverpool, Parramatta and Penrith. It is refreshing after years of small local 50/50 funded projects - to see a regional cycle route under construction.



Cycling Information

- New Web Sites – NSW BIKE INFO Government Cycling Information Site <http://www.bicycleinfo.nsw.gov.au/>

- **Ride the City** – now covering Sydney <http://www.ridethecity.com/sydney>

Simple premise – plot your start location, plot your destination and the site selects the best cycling route.

We tried a few different typical transport routes in Liverpool e.g. St John Park to Liverpool Hospital – and the route selection was very good.

It gives you the choice to select the safest (low stress route) to most direct (may have some traffic route) - it shows you the route and creates a full set of directions (cuesheet) you can print, or email or download to a smart phone. It is a very handy tool when riding to a new location, or showing others good routes eg riding to work. **Ride the City** is an international volunteer collaboration and has the same facility for many cities all over the world.

Small improvements on cycling infrastructure

This photos was taken on a LiveBUG ride March 2009 – a couple of letters to RTA and Liverpool Council from the BUG about the missing piece of path and gutter ramps on Cowpasture Rd (which required riders to ride through the car park of the fast-food outlet to join the path again). This is had not been fixed when we ran the recent Western Sydney Parklands Track ride along on January 23rd this year – but visiting a month later in February, the issue has been fixed with the section of path and ramps laid. Thankyou to RTA & Liverpool Council – but hopefully the next issue identified won't take 2 years to fix.

BEFORE



AFTER



2011 Membership fees due by 31/03/2011

Membership fees remain the same - \$10 (individual) or \$20 (family).

Fees can be transferred electronically to

BSB 302-969
Account No. 0029715
enter Family Name as a reference

If you prefer to pay in cash, please contact Maree Stacy or Russell Field (phone numbers below).

For new members, you will also need to fill in the registration form. This can be sent to you by mail or email – please contact Maree Stacy on 96025293 or Russell Field on 0434 141 810 or download from our website: www.bikeliverpool.org.au

PATH UPDATE: Hume Highway-Warwick Farm Path

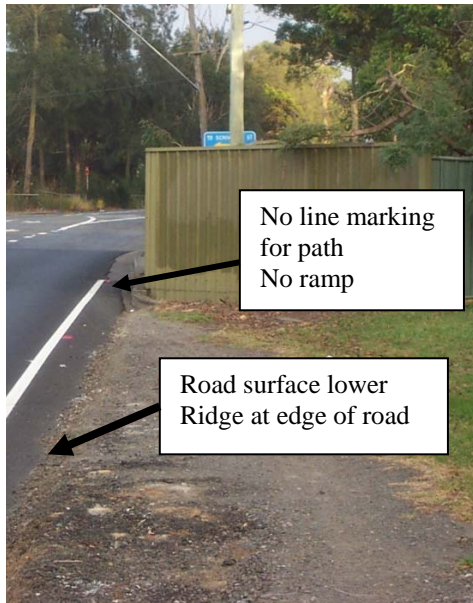


View from Cabramatta Creek Bridge towards Liverpool

A welcome Christmas present was completion of a path from the Cabramatta Creek Bridge to the paved path on Governor Macquarie Drive. The new path is narrow (not a shared path as per the Sydney Bike Plan) but has good ramps and ramps have been added to the two sections at the Gov. Macquarie end.

It is strictly a pedestrian path but is being used by cyclist because it is much safer than riding on the Hume Highway.

This is a welcome but long overdue 'missing link' which joins the Governor Macquarie path with the great 12 km shared path around the Lansvale Peninsula.



The 'Pinch Point'

A Hazard at the 'Pinch Point' – Gov. Macquarie Drive

The recent resurfacing of Gov. Macquarie Drive has created a potential hazard for pedestrians and cyclists. The road pavement is lower than the shoulder area creating a sharp ridge of about 100 mm (4") just past the 'pinch point'. The shoulder area is in very poor condition. This area poses a hazard which requires attention.

There are longer term plans to create a shared path from the 'pinch point' to the William Long Bridge (see LiveBUG news letter summer edition) some time in the future.



An Indication of Ridge Depth



An Indication of Better Things to Come?