

# LIVEBUG NEWS

## Autumn 2016



Coordinator: Maree Stacy 9602 5293 | [www.bikeliverpool.org.au](http://www.bikeliverpool.org.au)

## Social rides

Our friendly social rides cater for riders of all levels. We ride at a leisurely pace. No one is left behind. If you are concerned about the distance talk to the ride leader and ask about shorter options within the ride. Essentials: helmet and water. If you're joining our evening rides you must have front and rear lights.

### Sun Apr 10 Liverpool to Olympic Park: ARTEXPRESS At The Armoury

**Grade:** Easy

**Start:** 9.00 am Liverpool Railway Station. All day parking available in Railway St.

An easy **26km** ride to Sydney Olympic Park and Newington Armoury to view the ARTEXPRESS exhibition at Sydney Olympic Park. ARTEXPRESS is a showcase of the best major works produced for the HSC Visual Arts examination. Kiosk and cafe facilities available. Return via train or longer option to cycle back.

**Contact:** Maree Stacy 9602 5293 | 0419203379 to confirm.

### Sunday Apr 17 City to East Hills via Glebe Foreshore

**Grade:** Easy-Medium

**Start:** **10am** at Central Station, Devonshire Street exit (9:15 train from Holsworthy).

A **35 km** scenic ride using the city's separated cycle lanes, the Glebe Foreshore and Hawthorn Canal paths, and quieter back streets to reach Summer Hill where we'll have an early lunch. Then cycling the Cooks River cycle path, the M5 linear park, the Salt Pan board walk and quiet streets to make our way back to East Hills. There are a couple of hills and short stretch on a busier road.

**Contact:** Elaena 0402 253 915 to confirm.

### Sunday Apr 24 Bridges of the South

**Grade:** Hard

**Start:** 8:00am from Liverpool Station.

The stunning views will be your reward and are well worth the effort required for this **65km** ride. After travelling through our usual haunts of Revesby and Padstow we will ride across Alford's Point Bridge before continuing onto Menai where we will refuel. Our return leg will feature the sights of the Woronora River from the River Road Cycleway and the Georges from Como Bridge. The M5 Linear Park will connect us to the Salt Pan Creek Boardwalk where we will cross into Padstow and join our usual route to end up back at Liverpool Station. While most of this ride will be on shared path there will be sections where using the road will be required. Care has been taken to ensure the route is as safe as possible while still reaching our destination. Please ensure you are comfortable with this.

**Contact:** Evan 0404 826 049 to confirm.



### Sunday May 8 Texmex II

**Grade:** Easy

**Start:** 10:00 am from Liverpool Railway Station. (Bigge Street entry). An easy approx **30km** ride on SUPs starting on Hoxton Park Rd – check out the new connection on Kurrajong Rd to Carnes Hill, then Camden Valley Way to Crossroads for lunch. Returning on-road along Beech Rd, backstreets to Hoxton Park Rd & to Liverpool Station.

**Contact:** Maree 9602 5293 | 0419 203379.

### Sunday May 22 Merrylands to Rouse Hill and Return

**Grade:** Medium

**Start:** 9:00am from Eastern side Merrylands Station. Pick up also at Queen St gates Parramatta Park at 9.20am. Parking available.

An undulating **45km** ride using Parramatta to Windsor SUP to Rouse Hill shopping centre for brunch and return same way. Some hills on this ride.

**Contact:** Phillip 9720 8297 | 0434 633 490

## LIVEBUG Meeting

Tuesday 17 May

Start 6:00pm, Liverpool Hospital.  
All welcome.  
Contact: Maree 96025293





### Sunday May 29 Suffragettes and Suicide Alley (A History Ride)

**Grade:** Easy

**Start:** 10am at Green Square Train Station (9:15 train from Holsworthy) The women’s suffrage movement gathered pace during the 19th century, around the same time bicycles were introduced as a revolutionary form of transport. The two are surprisingly linked and we’ll visit some of Sydney’s historic landmarks and buildings which are connected to this interesting time. Hear stories of cycle races at the Sydney Cricket Grounds, the tours and balls of the Sydney Ladies Wheelers, the rise of cycling schools, and the dangers of cycling in a non motorised city. Lunch break in the city. We’ll finish at around 3pm at Wollie Creek Station where we can have a coffee and cake. The ride will be about **20km** and we’ll use cycle lanes and quieter streets where possible. We’ll be stopping frequently. **Contact:** Elaena 0402 253 915 to confirm.

### Sunday Jun 12 Chipping Norton- Wattle Grove Breakfast Ride

**Grade:** Easy

**Start:** 08:00am Liverpool Railway Station, Main entrance Bigge St. Unlimited car parking in Railway street on Sundays. An easy approx 30km ride around Chipping Norton lake, then along Brickmakers Dr, Nuwarra Rd & Heathcote roads to breakfast stop at Moorebank Sports Club. Returning through Wattle Grove, then back streets through Moorebank, Lake Moore and to Liverpool **Contact:** Maree 9602 5293 | 0419 203 379 to confirm.

### Sunday Jun 26 Whale Watching At Cape Solander

**Grade:** Easy – Medium

**Starts:** 10:00am. Wollie Creek Station. This **46km** scenic ride is mostly on the Bay to Bay cycle path; it includes some short hills. Cafe stop at Dolls Point then on to Kurnell and Cape Solander. Bring snacks, or lunch at Kurnell, binoculars and windproof jacket (can be windy). Ride finishes at Cronulla Station. Return to Wollie Creek by train. **Contact:** Phillip Jackson 97208297 or 0434633490 (originally Phil Rylatt’s ride).

### Sunday Jul 10 Liverpool to Cecil Hills Via Horningsea Park

**Grade:** Easy

**Start:** 9:00am from Liverpool Station. Unlimited car parking in Railway street on Sundays. This an easy ride approx. **35kms** following the many SUP’s in the Liverpool area, riding along paths beside Brickmakers Creek to Casula and following scenic paths past Horningsea Park and then to Cecil Hills for refreshments via part of the M7 cycleway. Returning along SUPs in the new estate of Elizabeth Hills then Cowpasture and Hoxton Park Roads to Liverpool. **Contact:** Phillip Jackson 9720 8297 | 0434 633 490.



## RMS Liverpool Cycling Projects

Here’s what RMS has planned for Liverpool in terms of cycling projects for this financial year:

- Jedda Road Stage 3 – construction of a shared path along the northern side of Jedda Road from 75 metres west of Ash Road to Weld Street, Prestons
- Planning and design for shared path on the northern side of Newbridge Road between Heathcote Road and Rickard Road
- Construction of off-road shared path on the southern side of Elisabeth Street between Castlereagh Street and Bathurst Street
- Construction an off-road shared path on the western side of Speed Street from Bigge Street, then connects to Scott Street and Liverpool Station
- Investigation and development of a new (revised) BikePlan for the LGA of Liverpool.

There are also projects for Campbelltown and Fairfield. See the full list on the [Roads and Maritime Services website](#).

## Keep in touch

If you haven’t dropped by our website do pop by. You’ll find all out latest rides and news easy to lay your hands on. Drop us a comment and say hello! [bikeliverpool.org.au](http://bikeliverpool.org.au)

We’re also on Facebook. Give us wave, be our friend and see our news streamed in your news feed. [www.facebook.com/bikeliverpool](http://www.facebook.com/bikeliverpool)

