

LIVEBUG NEWS

Autumn 2017



Coordinator: Maree Stacy 9602 5293 | www.bikeliverpool.org.au

Social rides

Our friendly social rides cater for riders of all levels. We ride at a leisurely pace. No one is left behind. If you are concerned about the distance talk to the ride leader and ask about shorter options within the ride. Essentials: helmet and water. If you're joining our evening rides you must have front and rear lights.

Sunday Apr 2 Liverpool to Olympic Park: ARTEXPRESS at The Armoury

Grade: Easy

Start: 9.00 am Liverpool Railway Station. All day parking available in Railway St.

An easy **26km** ride to Sydney Olympic Park & Newington Armoury to view the ARTEXPRESS exhibition at Sydney Olympic Park. ARTEXPRESS is a showcase of the best major works produced for the HSC Visual Arts examination. Kiosk and cafe facilities available. Return via train or longer option to cycle back.

Contact: Maree Stacy; 9602 5293 or 0419203379 to confirm.

Friday Apr 21 Dinner Ride CBD to East Hills

Grade: Easy-Medium

Start: 6:00pm at Central Station

A scenic **35 km** ride using the city's separated cycle lanes, the Glebe Foreshore and Hawthorn Canal paths, and quieter back streets to reach Summer Hill where we'll have dinner. Then cycling the Cooks River cycle path, the M5 linear park, the Salt Pan board walk and quiet streets to make our way back to East Hills. There are a couple of hills and short stretch on a busier road.

Contact: Elaena 0402 253 915 to confirm.

Sunday Apr 23 Liverpool Heritage Ride

Grade: Easy

Start: 9:00 am from Liverpool Station.

Unlimited car parking in Railway street on Sundays. A leisurely ride (10-15km). "Heritage ride returns for Australian Heritage Week 2017. As a Liverpool contribution, we'll examine the numerous remnants of the 19th century in the south-west. Highlights include Collingwood, Glenfield House, Casula and Chipping Norton. An easy-paced ride with insight! A leisurely exploration of some hidden gems of Liverpool and Casula. No hills and mostly off-road paths. From the city to the forest and along the riverside.

Coffee stop at the Casula Powerhouse.

Contact: Matt 0424 093 940 to confirm.

Sunday Apr 30 Liverpool to Cecil Hills via Horningsea Park

Grade: Easy

Start: 9:00am from Liverpool Station.

Unlimited car parking in Railway street on Sundays.

This an easy ride approx. 35kms following the many SUP's in the Liverpool area, riding along paths beside Brickmakers Creek to Casula and following scenic paths past Horningsea Park and then to Cecil Hills for refreshments via part of the M7 cycleway. Returning along SUP's in the new estate of Elizabeth Hills then Cowpasture and Hoxton Park Roads to Liverpool.

Contact: Phillip Jackson 9720 8297 | 0434 633 490 call or message to confirm.



LIVEBUG Meeting

6pm, Tuesday 16 May 2017

Liverpool Hospital
All Welcome!

Contact Maree 9602 5293.





Sunday May 7 Sydney Explorer

Start: 9:00am. Wolli Creek Railway Station (Brodie Spark Drive.)

25km. Some cycleways, some on road, mostly flat with a couple of short rises. Basic confidence with on-road riding advisable. Explore the city and inner suburbs by bike. Uses the canal path and Burke St cycleway to the CBD, cross the harbour bridge for coffee in North Sydney and return via The Rocks, Darling Harbour and Redfern routes.

Contact: Alison on 0438 171 484, call to confirm.

Sunday May 14 Guildford - Prospect - Canley Vale - Liverpool

Grade: Easy – Medium

Start: 9:00 am Guildford Railway Station (eastern side)

30km entirely riding along off-road cycle paths. Prospect canal cycle path and then undulating paths through Western Sydney Regional Park, the Orphans creek path to Canley Vale. Coffee & Vietnamese rolls at Canley Vale before continuing to Liverpool (alternately hop on the train home or ride 5km back to Guildford). **Contact:** Maree Stacy; 9602 5293 or 0419203379 to confirm.

Sunday May 28 Merrylands to Rouse Hill and Return

Grade: Medium

Start: 9:00am from Eastern side Merrylands Station. Pick up also at Queens Road Entrance (Westmead) side of Parramatta Park at 9.20am. Parking available.

An undulating **45km** ride using Parramatta to Windsor SUP to Rouse Hill shopping centre for brunch and return same way. Please note there are some hills on this ride.

Contact: Phillip Jackson 97208297 or 0434633490 call or message to confirm.



Keep in touch

If you haven't dropped by our website do pop by. You'll find all our latest rides and news easy to lay your hands on. Drop us a comment and say hello!
bikeliverpool.org.au

We're also on Facebook. Give us a wave, be our friend and see our news streamed in your news feed.
www.facebook.com/bikeliverpool





Path Updates



The Shared User Path (SUP) from Liverpool Bridge to the Milperra bridge along the northern side of Newbridge Road has commenced. On the way to work last week I noticed that Liverpool Council workers were busy on non rainy days working on the wide excavation of the SUP. I rode to this location on a beautiful sunny Sunday afternoon to view and snap some photos. They are starting on the section most needed east of Riverside Road to the Milperra Bridge. Phillip Jackson



On the recent "Liverpool-Carnes Hill-Casula Loop" ride, we checked out the start of the long-awaited completion of the bike path from Glenfield station to Throsby Park. They have started on the path in both directions working from both the Throsby Park and Glenfield Station ends of the path. Yay!! Maree Stacy.

